

## Simply Different Ballyhoura Country



### Special Weekend Package

Enjoy 2 nights Bed and Hearty Irish Breakfast 1 delicious evening meal and a ramble on both days  
From €119.00 per person sharing.

For further information contact:

**Deebert House Hotel**  
**Kilmallock Co. Limerick**  
**Call: 00353 63 31200**

**Email:** [info@deeberthousehotel.com](mailto:info@deeberthousehotel.com)

**[www.deeberthousehotel.com](http://www.deeberthousehotel.com)**

*Where Warm Memories are Made*

## Deebert House Hotel, Kilmallock, Co Limerick

Deebert House Hotel has been carefully designed with the needs of the modern hotel guest in mind. Modern facilities and old world charm combine to create a twenty first century experience with the charm of a bygone era. The hotel is operated by the O'Sullivan Family and enjoys a reputation for superb food and genuine hospitality. We pride ourselves on using the very best of local produce bursting with flavour. Our menus provide the finest of traditional Irish cuisine.

The O'Sullivan family are avid ramblers and mountain bike enthusiasts and have included facilities such as drying rooms and storage areas in the design of our hotel. We are happy to provide specially tailored packages for rambling and mountain bike enthusiasts including transfers to and from trails. We hope that our special interest will make your stay with us even more enjoyable.



# DEEBERT HOUSE HOTEL

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## Ballyhoura Autumn Rambling Weekend

**16<sup>th</sup> to 18<sup>th</sup> October 2009**

In Association with  
**Ballyhoura Bears  
Walking Club**

**[www.ballyhourabears.com](http://www.ballyhourabears.com)**



## Introduction

Ballyhoura country is often referred to as a walker's paradise. This unspoilt countryside with its rolling hills is waiting for you to explore. Perhaps you want to do some walking, make new friends, or just get away from it all. You will be in capable hands of local knowledgeable guides who

witness some magnificent scenery. Perhaps you want to experience the way of living in Ballyhoura or partake in some of the many activities that are available throughout.

All this will help you to enjoy an Autumn break and leave you feeling revitalised before heading into the winter months.

### Guide for Walkers:

- A) Experienced Walkers
- B) Experienced Walkers at a Slower Pace
- C) Special Interest

## Friday 16<sup>th</sup> October

Launch of the Rambling Festival with the Ballyhoura Bears. Enjoy a finger food and wine reception, a slide show of the Ballyhoura Bears recent adventures and a sing song in the bar until the early hours.

## Saturday 17<sup>th</sup> October

Enjoy a hearty Irish Breakfast with locally produced sausage and pudding to give you a kick start for all that mountain air.

### A) Walk

Registration at 10am at Maple Ballroom, Kilfinane

Walk duration approximately is: 4 to 5 hours

Distance: 16km

#### Description:

Walk down the Old Mill Road and onto Ballyriggeran. Walk the tough path to Slieveragh and take time to view Munster and return home via Ballintubber and the Ballyhoura way. Refreshments at Deebert House Hotel after walk.

### B) Walk

Registration at 11am at Darragh Bridge

Walk duration approximately is: 4-5 hours

Distance: 7-8 miles

#### Description:

Starting from Darragh Bridge, take the leisurely stroll to the Boreen Dearg. Take a moment to gaze at the autumn splendour of the Beech Wood Trail. You'll take in the twin peaks of Castle Gale and Kilcruaigh Hall. Return home by the newly laid out Molanna River Trail to some home made delicious treats at Daly's Pub, Darragh Bridge.

### C) Night Walk

Registration at 7pm at Deebert House Hotel

Walk duration approximately is: 2 hours

Night walk in the forest. Bring high vis jacket, lamp and warm clothes.

**Description:** Explore the Ballyhoura Forest by the magic of the night.

## Oiche Ceol agus Craic.

### Deebert House Hotel at 9pm

After the days walk why not relax and enjoy an evening of story telling, music and dancing together with home cooked treats. Make this an evening to remember in the company of fellow ramblers and walkers.

## Sunday 18th October

After singing until the early hours a home cooked breakfast is recommended before you depart for the Ballyhoura's.

### A) Walk

Registration at 10am in Bicycle Trail Head

Walk duration approximately is: 6 hours

#### Description:

Walk overhead to lovely Gleenosheen up to Seefin. Walk in the footsteps of the Great Clans of Munster along the Back Ditch through the wild life sanctuary where you will see some of the famous Hen Harriers and then head back to the car park at the trail head.

### B) Walk

Registration & starting point in Glenanaar Car Park at 10am.

Walk duration approximately is: 3 - 4 hours

#### Description:

Walk in the footsteps of the great Canon Sheehan where he probably got many of his ideas for his writings. See the Mass rock where mass was celebrated during the Penal times. Back to the trail head at the car park.

### C) Walk

Registration & starting point at Deebert House Hotel at 2pm

#### Description:

A historic walk of Kilmallock. It's a trip around the ancient walls & monuments of Kilmallock with a brief description of each. The afternoon includes a visit to the museum to see the scale model of Kilmallock as it was in 1598.

**Refreshments at Deebert House Hotel**  
**After all walks on Sunday.**